

## **The Luminous Future Paradigm** ***Sharing the Principles for a Joyous New World***

By **Ginger Metraux**, Ph.D., channel for **Galexis**

Have you been wondering where we are heading? After Galexis talked about this in the October "Ask Galexis" session, I've been seeking the new story, a new narrative that can strike hope and vision into a world jaded by oligarchs, corrupt money men, overarching and overreaching governments, and an abandonment of positive and loving values. This new story or narrative needed to reflect the values and dreams of the Luminous New World and be a way to imagine and dream the beautiful future into being.

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To that end, I searched for the qualities of this New World, and was lucky enough to find a set of principles that defined this vision. They were offered by George Monbiot, regular contributor to the Guardian, from his book "Out of the Wreckage", detailing what we must leave behind and where we must go to create and craft a reality that works for everyone.

I already knew that if we want to create a new, more luminous future, we must have an ideal, that which shows us the direction to go. An ideal can never be fully realized, but it serves to motivate, energize, and inspire us to move towards that better and more beautiful reality.

*To keep us on track to that beautiful ideal, we need to choose our boundaries of behavior and belief, to keep our orientation true and pure. These boundaries are found in our principles.*

When we select principles in alignment with that future ideal reality and then practice living NOW within the boundaries they offer, we narrow the track to that future. We quicken and accelerate our pace as we become more precise in our thoughts and actions. With grace, we then can step into the image and truth of someone who lives that ideal naturally and uniquely.

In the long run, repetitively living according to these principles creates a resonance, a field of energy that gives rise to manifestation, to the precipitation of pieces of that ideal that CAN be realized and brought alive in the material plane.

## **Imagine!**

Sometimes it's hard to imagine what does not currently exist and what we really and truly want. Yes, we can imagine the forms, i.e. the materializations that we assume can solve our problems and open us to a grand future.

But we do know that the future we desire is more than just to fix those problems. Even a future without problems has to have some other vision of being, or else we will attract more problems to solve, and thus be endlessly caught up in solving them. We need to CREATE something new instead.

I think we need to create a vision of the future that is wholistic, that includes and holds the resonance, the vibration and energy of the fulfillment of our greater as well as lesser needs that we yearn deeply for in our souls. This is the new paradigm, the new template we desire.

There is a need for a vision of the reality that reflects the template. The focus of this future should not be just economic, but also healing, loving, and uplifting. This new vision or ideal needs to take into account all aspects of human life, and very importantly, the interactions between humans. We are social animals, and we need to dream up a new sense of community to heal the great stressful emotional and political divisions going on now. We need to dream a healthy ecosystem, a vibrant earth. We need a new political system that works for the 99% as well as it works for the 1%.

We must dream and imagine what we will experience when we get there. What will it feel like to be fulfilled? What is the experience of having more money, more health, and more love in our lives? What would it be if everyone was kind and we all felt safe to be ourselves, safe to love and be loved?

*Lazaris says "the steps to getting there are the qualities of being there." So the being comes before the doing. The being sets the resonance.*

## **Defining and Naming**

Naming something gives it energy and us power. Words hold frequencies and we can use them to clarify, uplift, and create with. They name our values and our principles. If we can put together the words that stir our souls correctly, they can inspire our spirits to take action and move forward.

In seeking this new vision, I have been reading and listening. Right now, emerging out of this chaos, are many podcasts, video seminars, essays, and books that attempt to address this future vision. While most of them spend the most time pointing out the problems we must change, there are some exceptional "takes" I've gotten from them about the future.

I want to share with you what I feel has the greatest light I've found so far, George Monbiot's list of principles, and ideals that could help us find what we are inherently looking for, the community and belonging, the love and celebration, the restoration of nature, and the support for greater spirituality in our lives.

So I present to you a list of principles from George and friends. I think this list can help you imagine and dream your own ideal of the future, a future of love, freedom, safety, and empowerment. Enjoy.

Ginger

P.S. I highly recommend reading his amazing book "Out of the Wreckage," as each page is filled with sparkling insights and ahas into the substance of the future we wish to manifest.

## **A Statement of Principles**

***Developed by George Monbiot and friends***

Excerpted from "*Out of the Wreckage; A New Politics for an Age of Crisis.*"

### **Know Your Principles**

Principles could be seen as the soil that derives from the bedrock of values. Political principles are the fundamental propositions at the heart of a political philosophy. In other words, they are a description of the world as we would like it to be. Again, they need to be expressed clearly and overtly, so that they can be explained and spread with pride and conviction.

With some politically engaged friends, I have drawn up a list of the principles that might help to inform a new political story.

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1. We want to live in a place guided by empathy, respect, justice, generosity, courage, fun and love.

2. We want to live in a place governed by judgments that are honestly made, supported by evidence, accountable, and transparent.

3. We want to live in a place in which everyone's needs are met, without harming the living world or the prosperity of future generations.
4. We want to live in a place in which the fruits of the work we do and the resources we use are fairly and widely distributed, in which shared prosperity is a general project, and the purpose of economic life is to enable universal well-being.
5. We want to live in a place in which all people have equal rights, in practice as well as in theory.
6. We want to live in a place in which all people can feel secure, confident, safe and cared for.
7. We want to live in a place in which, regardless of where they were born, everyone has a neighborhood of which they feel proud, where they can freely participate in the life of the community.
8. We want to live in a place which, proudly and consistently, supports people in need of help, including those fleeing from danger and persecution abroad.
9. We want to live in a place in which a thriving natural world provides a refuge both for rich and abundant wildlife and for people seeking relief from the clamor of daily life.
10. We want to live in a place whose political system is fair and fully representative, in which everyone has a voice and every vote counts, and whose outcomes can neither be bought nor otherwise engineered.
11. We want to live in a place in which decisions are taken at the most appropriate level, to enhance democratic participation and connection.
12. We want to live in a place in which everyone has access to the information needed to make meaningful democratic choices, and in which political debate is honest, accessible, and inclusive.
13. We want to live in a place in which education is a joyful process, encouraging children of all abilities to engage with enthusiasm, and adults to continue learning throughout their lives.
14. We want to live in a place in which good housing, fast and effective healthcare and a healthy, sufficient diet are available to everyone.

15. We want to live in a place that helps to build a safe, prosperous and resilient community of nations.

16. We want to live in a place that is open to new ideas and information, and that values creativity, research and discovery.