

## **Cresting to a New Place**

Congratulations! You've made it over the crest! June is the crest and July is aligning to your new future track (path).

Hi, it's Ginger,

This month I'm a reporter and here's my report. I've had the treasured opportunity to relax on my imaginary beach chair and listen to Galexis talk to the various beautiful beings who are their clients. Several themes have emerged within the past month, adding a little bit here and a little bit there from one person to another into a greater gestalt.

For the purpose of navigating the rest of this year, as well as aligning to a more luminous future for ourselves and the world, I am sharing some of the pieces that emerged that I feel are helpful.

### **June**

Galexis says that June is the month that we crest the wave after the summer solstice, after having been immersed in a massive creative storm. Possibilities and potentials we hadn't considered before showed up. We had to let go of old stuff, either literally or those old games and identities we hung onto for so long. All the old structures and control mechanisms of our lesser selves were gently blown apart into fragments so that we could (and continuing, still can) put together a new and better self that is more who we really are.

So right now, if you haven't already, give up your old lesser identities, those parts of you who made the unconscious choices to limit yourself, to give away your power, to judge yourself – i.e. all that no longer fits you. And start imagining the Future Self you want to be this fall, or 6 months to a year ahead. This can get you on a better future track and greater consciousness and empowerment. In fact, if I were to give you an overall theme that's emerged, it's about creating and aligning to your new, dreamed-up future track!

### **July**

July will be the time you integrate all that you have experienced in June. In July pay attention to your mind talk and make sure it's lined up energetically and vibrationally with the future you want. And the future you want? The one where

you are happy, balanced, thriving in many ways, loving and being loved, empowered, free, and feel supported by your Spiritual Team. Put your feet on that path and put one foot in front of the other as you deliberately move in that direction.

Every day, attune yourself to these positive states first and then see what manifestations you prefer. The main alignment is not to the world but to your Greater Self. The more you can tune in, the better.

July will lead into August where you will experience another uplift with potential upgrades and downloads. So you want to be integrated and not feeling lost or wandering about in indecision when late July and early August show up!

### **Recurring Themes (and what you can do about them)**

With the crest we have reached and are still reaching, we can step beyond it into the reality we have been thinking about and believing in, at least about who we are and what we are doing here.

If you've been doing your reflection and assessments through these months, this level is greater than what you took for granted in your reality back in February.

Here are several themes that have shown up in Galexis' private readings during this deep and personal phase. If you don't feel you've resolved these themes, then now is a good time to do this, before the summer and fall take you to yet another inner experience. June and July are good times to integrate what you've learned about and grown into through the past year.

### **Floating in the Chaos and Feeling Lost**

Be aware that the feeling of being suspended in space is just part of this leap to a new future track. When the old stuff is gone and the new stuff is not yet manifested, you could feel disoriented. Everything may feel that it's changing, and it is. You haven't landed in the new place yet!

In the meantime, you may find yourself in an unknown space, an emptiness, or even a state of confusion and overwhelm. You may be more sensitive to things happening around you, and feel a need to withdraw. This is actually a call to go within and reassess your life, its purpose and direction, and to imagine your

future through day dreams and fantasy (which later can be shaped into your visions and dreams.)

With all the creative explosion and seemingly endless paths or possible life tracks spreading out in front of us, our old boundaries and limits may seem to have disappeared. What threads are there to hold onto to, to make sense and meaning about your life going forward?

If you feel lost and/or disoriented, this is possibly that your usual automatic life track has disappeared and your probable Future Track may not be visible. With no footing or foundation, you could feel ungrounded, distracted, and scared of the unknown you've plunged into.

But while you may feel lost, you are not. You are a divine being and so connect with yourself and dream up a better image of yourself in the future. The thread of self-awareness, of recognizing who you are will keep you on track. You are just temporarily fragmented. It's re-creation time for yourself.

Put yourself together again with the fragments of possibility, the things in life that are more luminous, more in alignment with your Spirit and Soul. Follow your heart and know that your Spiritual Team can support you when you own yourself and your divine nature but they can't when you fall into traps such as martyrhood and victimhood, or focus on duties and obligations to the exclusion of your own interests and enthusiasms.

Don't overanalyze things or get caught up into your personal sad story of the past. And don't worry about making a wrong choice. Seek yourself and love yourself in all ways. Things WILL get better. Put your energy into taking good care of yourself and your Spiritual Team will take good care of you.

For help on this, see the blog on *Your Soul Questions* December 2019. Since in this year of 2023, you are experiencing very similar surges of spiritual new energy to 2019's, all the blogs from that year can help you make your way through the chaos without being distracted by disturbing or limiting environmental influences.

**Not Knowing What to Do, What to Choose**

Going with this potentially disorienting change, Galexis notices that the creative potential of this year and the release of the old self calls on you to imagine and select a good Future. With all the many many options, what can you choose? Are you afraid of making a wrong choice and losing time, or hitting dead ends?

Don't be afraid of the future. You have a lot of guidance from your Higher Self available as well as protection from your Spiritual Team. You are loved and you are being looked after, because it is inevitable that you will make it. You may also worry that you have not fulfilled what you came to do and may die without doing it. Don't worry about this either. You will not die before it's your time that you and your Soul select as the best option for you.

*Work with imagining the future, connect with your Future Self, and align to a luminous Future Track.* To help yourself, determine your principles, or those values important to you. If it's love, then make all your choices based on love. And if you can make your choices from your Future Self's greater perspective, it can create sublime realities! You can also make choices on the four principles of the Greater Self; love, freedom, empowerment, and trust in your Divine Plan and your Team.

Of course, you know that if you are choosing from fear or anger, or from a dark agenda such as revenge or ego dominance, the future you get will not be a pretty one. So, make your choices from a more empowered place. Resolve; no more fear based choices! Galexis' video on *Bringing Your Fabulous Future Here and Now; Resonance Co-Creation with Your Future Self* can help you with this.

### **So Much Fear, Pain, and Darkness Weighs Heavily on the Psyche**

Some people have lamented the awful state the world is in, and how hard it is to ignore all the violence, pain, suffering, and nasty political drama. The more sensitive you are to vibrations, the easier it is to feel down about the future, the greater human suffering, the environmental crisis, war, and economic collapse.

Will it affect you? Do you feel powerless in the face of a looming dark future and despair of seeing any way through this chaos and beyond? You may focus on the creeping control coming from government, big media corporations, global influencers, and scheming billionaires, and the loss of personal freedoms, limitations and snooping that come along with that. Or you can fear that judgmental and violent crowds threaten you and destroy every vestige of peace

and safety. Big industries may be destroying the environment and making the very air you breathe toxic. Scarcity may loom over you and your loved ones.

It may seem that there is no way to stop these. Yes, it can feel overwhelming, and you could worry that you lose what is valuable to you and who is valuable to you. Financial ruin could see your dreams fade away. You could collapse into powerlessness or powerless rage.

With all the negative, fear-based and rage-based vibrations in the psychic atmosphere right now, you cannot let yourself lose hope and see yourself as a victim. Frequently remind yourself who you really are, the spiritual being having a physical plane experience. You chose to come into this limitation (3D reality) in order to create from scratch within a narrow belief set. Like the rules of an intriguing game, you want to play creatively here - and here you are, doing just what you chose to do! You are here at the right place and at the right time.

See yourself through a creator's eyes and dream the world anew, filled with love, light, joy, hope, freedom, empowerment, and safety for all. And know that when you live according to your own truth, the universe, your reality, will support you!

The blog of October 2019 can help you stay centered through the "storm."

### **Five Actions for Creating and Establishing Your Positive Future Track**

At times like these, when we are making big leaps, we need to remember to do certain things so that our expansion can be sustained and we don't fall back into the lesser self.

Galexis put together some videos of the essential pieces of the Process of Emergence into your Greater Self. Each one has a discussion and a meditation that can help you Here is a list of things that Galexis has recommended to various people, especially at this time.

One or more may be just the ticket to leverage yourself over the crest into the shining light of a new and more beautiful Future Track if you haven't already done these.

In no specific or necessary order;

### **1. Remind yourself of who you are.**

Expand your Self-Image regularly. If you are not already doing this, Galexis provided all you need to know in their video “Expanding Your Self Image.”

**2. Create a new future with your Future Self.** Get into the resonance of your Greater You, that Future You who has made it past the muddle and chaos to the other side where there is peace and joy. If you want a hand in doing this, check out Galexis’ “Bringing Your Fabulous Future Here and Now” that I mentioned above.

### **3. Tune up Your Energy Field**

Ways to reinforce this include; lighting up your chakras every day, filling them with abundant light and movement and color, and connecting yourself through grounding above and below with the Divine. Feeling the divine flow move through your chakras from Mother Earth to beyond the crown and from the divine, the Godhead, down through you into the Earth.

While you are plugged totally into the circuit, sense yourself a giant being of light radiating your love and compassion throughout the earth. For more on this watch Galexis’ “Becoming One, Becoming Whole”

### **4. Make Choices According to your True Motivation**

Principles are the values you live your life by. And your true motivation is that essential spiritual intent that determines your life on the planet. Together, you can decide for you, not selfishly, but in love and light. When you live according to your inner truth and what motivates your soul and spirit, you live magically in the flow.

If you are acting at life rather than being who you are, then of course you know the results could bring you into greater limitation. Galexis addresses all of this in their “The Magic of True Motivation” and “Healing the Destructive Ego.”

### **5. Face Your Fears, Release Stressful Emotions, and Transmute Emotions into their Positive Polarity**

Emotions are “energy-in-motion” and need to be in flow, but fear dogs us throughout our lives and can stall us, shrink our life force/energy field, and create scary futures that come true.

It’s natural to feel fear when you step out of your box into an unfamiliar new reality. But if you respond to this fear of the Unknown by shrinking back, shutting down, hiding, and trying to control something or someone, you will stay stuck in your lesser, smaller self. Plus, your future track will veer and distort into something less than what you want.

Rage and powerless anger can also trap you; insecurity can paralyze you, and you can look for something to blame. But justification and rationalization only distort your future track more.

So transmute these stressful states into positive ones! Fear of the Unknown can become positive excitement over the potentials for a great future. Anger can translate into passionate enthusiasm for taking new action. If you want any support in doing this, see Galexis’ video “Healing and Managing Your Emotions.”

If you follow these five suggestions or are already working with these energies, then you can align seamlessly with your greater vibratory level and enjoy expanded illumination and luminous presence on your Path. This can allow you to live more fully into joy and stay free of limiting mind sets.

Have a great summer!  
Ginger